

# AnnaBelle O. Bryan, MS

National Center for Veterans Studies  
The University of Utah  
332 S. 1400 E., Room 004  
Salt Lake City, UT 84112

Office: 801-587-7978  
Fax: 801-585-5081  
Email: [annabelle.bryan@csbs.utah.edu](mailto:annabelle.bryan@csbs.utah.edu)  
URL: [veterans.utah.edu](http://veterans.utah.edu)  
Facebook: [www.facebook.com/Veterans.Studies](http://www.facebook.com/Veterans.Studies)

**Total citations:** 155      **h-index:** 7

**i10-index:** 5

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## EDUCATION

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- 2016      University of Utah, Salt Lake City, Utah  
MS Exercise and Sport Psychology
- 2014      Salt Lake Community College, Salt Lake City, Utah  
AS in Psychology/Cum Laude
- 2012      American Military University, St Charles, West Virginia  
BS in Public Health
- 2008      Community College of the Air Force, Maxwell AFB, Alabama  
AS in Health Sciences
- 2007      Noncommissioned Officer Academy, Gunter Air Base, Alabama

## PROFESSIONAL POSITIONS

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- 2015-present      **Director of VE3TS Utah (Utah Comrades Peer Support)**, National Center for Veterans Studies,  
Salt Lake City, Utah
- 2015-present      **Director of Education and Engagement**, National Center for Veterans Studies,  
Salt Lake City, Utah
- 2015-2016      **Applied Sports Psychology Intern**, University of Utah, Dr. Nichole Detling,  
Salt Lake City, Utah
- 2013-2015      **Research Manager**, National Center for Veterans Studies,  
Salt Lake City, Utah
- 2012-2013      **Research Associate**, National Center for Veterans Studies,  
Salt Lake City, Utah
- 2011-2012      **Executive Officer**, to the 42d Medical Group Commander,  
Maxwell AFB, AL
- 2011-2012      **Credentials Manager**, 42d Medical Group,  
Maxwell AFB, AL
- 2009-2011      **Noncommissioned Officer in Charge Epidemiology/Food & Sanitation**,  
Maxwell AFB, AL
- 2009      **Interim Officer in Charge/Noncommissioned Officer in Charge Public Health**,  
Balad AB, IQ (Iraq)
- 2006-2009      **Executive Officer** to the 42d Medical Group Commander,  
Maxwell AFB, A:
- 2004-2006      **Noncommissioned Officer in Charge Epidemiology/Occupational Health**,  
Maxwell AFB, AL
- 2000-2004      **Noncommissioned Officer in Charge Epidemiology/Deployment Medicine**,  
Ramstein AB, DE (Germany)
- 1993-2000      **Noncommissioned Officer in Charge Occupational Health/Food & Sanitation/Epidemiology**, Langley AFB, VA

1992-1993      **Public Health Technician,**  
Williams AFB, AZ

## CERTIFICATIONS

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2016      Veterans Peer Support Specialist

2016      Biomedical Research Investigators and Key Personnel

2016      Behavioral Research Investigators and Key Personnel, Basic Course/Refresher training

2016      HIPPA Certification, College of Health 2016

2015      Identifying & Safeguarding Personally Identifiable Information, Department of Defense certification

2011      Hearing Conservation

2011      Food Vulnerability Assessment Certification

## PUBLICATIONS AND PRESENTATIONS

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### Peer-Reviewed Articles

(Names denoted by asterisks were students/supervisees at the time of publication)

1. Mahon-Snyder, A. B., Roberge, E. M., **Bryan, A. O.**, Morrow, C. E., Stephenson, J., Haskell, J., & Bryan, C. J. (2017). Depression as a Predictor of Pain and Physical Role Limitation in Military Personnel. *Military Behavioral Health*, (just-accepted), 00-00.
2. Sinclair, S.\*, Bryan, C.J., & **Bryan, A.O.** (2016). Meaning in life as a protective factor for the emergence of suicide ideation and attempts among military personnel and veterans with elevated PTSD and depression. *International Journal of Cognitive Therapy*.
3. Bryan, C.J., **Bryan, A.O.**, Anestis, M.D., Anestis, J.C., Green, B.A., Etienne, N., Morrow, C.E., & Ray-Sannerud, B. (2015). Measuring moral injury: psychometric properties of the Moral Injury Events Scale in two military samples. *Assessment*.
4. Anestis, M.D., Bryan, C.J., May, A.M.\*, Law, K.C.\*, Hagan, C.R.\*, **Bryan, A.O.**, Michaels, M.S.\*, Selby, E.A., Klonsky, E.D., & Joiner, T.E. Dangerous words? A randomized controlled trial testing the impact of detailed reporting about suicide. (2015). *Journal of Clinical Psychology*.
5. Bryan, C.J., Roberge, E.\*, **Bryan, A.O.**, Ray-Sannerud, B., Morrow, C.E., & Etienne, N. (2015). Guilt as a mediator of the relationship among depression and posttraumatic stress with suicide ideation in two samples of military personnel and veterans. *International Journal of Cognitive Therapy*, 8, 143-155.
6. Bryan, C.J., Wolfe, A.L.\*, Morrow, C.E., Stephenson, J.A., Haskell, J., & **Bryan, A.O.** (2015). Associations among back and extremity pain with alcohol, tobacco, and caffeine use among US Air Force pararescuemen. *Journal of Special Operations Medicine*, 15, 66-71.
7. Bryan, C. J., Gonzales, J., Rudd, M. D., **Bryan, A. O.**, Clemans, T. A., Ray-Sannerud, B., & ... Etienne, N. (2015). Depression mediates the relation of insomnia severity with suicide risk in three clinical samples of U.S. military personnel. *Depression And Anxiety*, 32(9), 647-655. doi:10.1002/da.22383
8. Bryan, C.J., **Bryan, A.O.**, Hinkson, J.E.\*, Bichrest, M.\*, & Ahern, D.A. (2015). Depression, posttraumatic stress, and grade point average among student service members and veterans. *Journal of Rehabilitation Research and Development*.
9. Bryan, C.J., Griffith, J., Pace, B.T.\*, Hinkson, K.\*, **Bryan, A.O.**, Clemans, T.A., & Imel, Z. (2015). Combat exposure and risk for suicidal thoughts and behaviors among military personnel and veterans: a systematic review and meta-analysis. *Suicide and Life-Threatening Behavior*. Available online ahead of print.
10. Ray-Sannerud, B.N., Bryan, C.J., **Bryan, A.O.**, & Perry, N.A.\* (2015). High levels of emotional distress, trauma exposure, and self-injurious thoughts and behaviors among military personnel and veterans with a history of same sex behavior. *Psychology of Sexual Orientation and Gender Diversity*, 2, 130-137.
11. **Bryan, A.O.**, Theriault, J.L.\*, Bryan, C.J., (2015) Self-forgiveness, posttraumatic stress, and suicide attempts in among military personnel and veterans. *Traumatology*.
12. Bryan, C.J., **Bryan, A.O.**, & Clemans, T.A. (2015). The association of military and premilitary sexual trauma with risk for suicide ideation, plans, and attempts. *Psychiatry Research*.

13. Bryan, C.J., & **Bryan, A.O.** (2014). Sociodemographic correlates of suicidal thoughts and behaviors among college student service members/veterans. *Journal of American College Health*.
14. Bryan, C.J., **Bryan, A.O.**, May, A.M., & Klonsky, E.D. (2014) Trajectories of suicide ideation, nonsuicidal self-injury, and suicide attempts in a nonclinical sample of military personnel and veterans. *Suicide and Life-Threatening Behavior*. Manuscript accepted, awaiting publishing.
15. **Bryan, A.O.**, Bryan, C.J., Morrow, C.E., Etienne, N., & Ray-Sennerud, B. (2014) Moral Injury, suicidal ideation, and suicide attempts in a military sample. *Traumatology*.
16. Smith, H.A.\*, Stephenson, J.A., Morrow, C.E., Haskell, J.S., Staal, M., **Bryan, A.O.**, & Bryan, C.J. (2014). Factors associated with burnout among U.S. Air Force pararescuemen. *Military Behavioral Health*.
17. Armstrong, E.L., Bryan, C.J., Stephenson, J.A., **Bryan, A.O.**, Morrow, C.E. (2014) Warzone stressor exposure, unit support, and emotional distress among U.S Air Force Pararescuemen. *Journal of Special Operations Medicine*.
18. Bryan, C.J., **Bryan, A.O.**, Etienne, N., Morrow, C.E., & Ray-Sannerud, B. (2014). Psychometric properties of the Moral Injury Events Scale in an Air Force clinical sample. Manuscript currently under review.
19. Bryan, C.J., **Bryan, A.O.**, Ray-Sannerud, B.N., Etienne, N., & Morrow, C.E. (2014). Suicide attempts among military personnel and veterans as a recurrence of premilitary suicide risk. *Comprehensive Psychiatry*.
20. Bryan, C.J. & **Bryan, A.O.** (2014). Nonsuicidal self-injury among a sample of United States military personnel and veterans enrolled in college classes. *Journal of Clinical Psychology*.
21. Morrow, C.E., Bryan, C.J., Stephenson, J.A., **Bryan, A.O.**, & Staal, M. (2014). Posttraumatic stress, depression, and insomnia among U.S. Air Force pararescuemen. *Military Psychology*.
22. Bryan, C.J., **Bryan, A.O.**, Ray-Sannerud, B.N., Etienne, N., & Morrow, C.E. (2014). Suicidal attempts before joining the military increase risk for suicide attempts and severity of suicidal ideation among military personnel and veterans. *Comprehensive Psychiatry*.
23. **White, A.O.**, (2002). Hearing preservation. *Combat Edge*; vol11 (2); July 2002; p 12-14.
24. **White, A.O.**, (1999). Hearing conservation. *Combat Edge*; vol8 (5); October 1999; p 18.

#### Book Chapters

(Names denoted by asterisks were students/supervisees at the time of publication)

1. Bryan, C.J., & **Bryan, A.O.** (2015). What we know and don't know about nature-based interventions for posttraumatic stress disorder among military personnel. In D. Daniel (Ed.), *This Land is Your Land*.

#### Government Technical Reports

1. Bryan, C.J., Butner J., Sinclair, S., & **Bryan, A.O.** (in-press). *Early Indicators of Suicide Found on Social Networks and Other Online Forums* (Technical Report). Washington, DC: Defense Manpower Data Center.

#### Conference Presentations & Posters

(Names denoted by asterisks were students/supervisees at the time of presentation) († Indicates listing as consortium member/co-author)

1. **Bryan, A.O.**, Newton, M., Morrow, C., Bryan, C., Stephenson, J., Haskell, J., & Staal, M. (September, 2016). Examining relationships between burnout, fitness and performance among pararescuemen. *Association for Applied Sport Psychology Annual Conference (AASP)*, Phoenix, AZ.
2. Harris, J.A., White, K.L., **Bryan, A.O.**, Wheaton, G.A., & Bryan, C.J. (April, 2016) *Military Mental Health: An Examination of Maladaptive Psychopathology and Suicidality within Unique Military Sub-Samples*. Moderator: Craig J. Bryan, University of Utah, National Center for Veterans Studies. Symposia presented at the annual meeting of the Rocky Mountain Psychological Association, Denver, CO.
3. Bryan, C.J., Sinclair, S.\*, **Bryan, A.O.**, & Butner, J.E. (April 2016). Long-term, near-term, and imminent social media “signatures” of emerging suicide death among military personnel. In C. Hesse and A. Rose (Chairs), *Advancing suicide prevention research in the Department of Defense with social media data*. Research symposium presented at the annual meeting of the American Association of Suicidology, Chicago, IL.
4. Reynolds, M.\*, Bryan, C.J., & **Bryan, A.O.** (November 2015). *Guilt and shame among military personnel and veterans who have experienced military*

*sexual trauma*. Poster presented at the annual meeting of the International Society for Traumatic Stress Studies, New Orleans, LA.

5. Bryan, C.J., & **Bryan, A.O.** (November 2015). *Forgiveness reduces risk for suicide attempts among sexual assault survivors experiencing high levels of guilt*. Poster presented at the annual meeting of the International Society for Traumatic Stress Studies, New Orleans, LA.
6. Rush, S., Bryan, C.J., **Bryan, A.O.**, Morrow, C.E., Stephenson, J.A., & Haskell, J. (August 2015). *Impact of recovery operations on PTSD symptoms among USAF pararescuemen (PJs) and combat rescue operators (CROs)*. Poster presented at the annual meeting of the Military Health System Research Symposium, Ft. Lauderdale, FL.
7. Bryan, C.J., Griffith, J., Pace, B.T., Hinkson, K\*, **Bryan, A.O.**, Clemans, T.A., & Imel, Z. (June 2015). *Combat exposure and risk for suicidal thoughts and behaviors among military personnel and veterans: a systematic review and meta-analysis*. In C.J. Bryan (Chair), *Advances in understanding suicide in the U.S. military*. Paper presented at the biennial meeting of the International Association for Suicide Prevention, Montreal, Canada.
8. **Bryan, A.O.**, & Bryan, C.J. (June 2015). *Sexual assault before and during military service: gender differences in the association with suicide risk*. In C.J. Bryan (Chair), *Advances in understanding suicide in the U.S. military*. Paper presented at the biennial meeting of the International Association for Suicide Prevention, Montreal, Canada.
9. Bryan, C.J., Griffith, J., Pace, B.T.\*, Hinkson, K\*, **Bryan, A.O.**, Clemans, T.A., & Imel, Z. (April 2015). *Combat exposure and risk for suicidal thoughts and behaviors among military personnel and veterans: a systematic review and meta-analysis*. In C.J. Bryan (Chair), *“What have I become?” Exploring the relationship of trauma with suicide risk*. Paper presented at the annual meeting of the American Association of Suicidology, Atlanta, GA.
10. Bryan, C.J., Roberge, E., **Bryan, A.O.**, & Ray-Sannerud, B.N. (April 2015). *Guilt as a mediator of the relationship among depression and posttraumatic stress with suicide ideation in two samples of military personnel and veterans*. In C.J. Bryan (Chair), *“What have I become?” Exploring the relationship of trauma with suicide risk*. Paper presented at the annual meeting of the American Association of Suicidology, Atlanta, GA.
11. **Bryan, A.O.**, Theriault, J.L.\*, & Bryan, C.J. (April 2015). *Self-forgiveness, posttraumatic stress, and suicide attempts among military personnel and veterans*. In C.J. Bryan (Chair), *“What have I become?” Exploring the relationship of trauma with suicide risk*. Paper presented at the annual meeting of the American Association of Suicidology, Atlanta, GA.
12. Bryan, C.J., Gonzales, J.\*, Rudd, M.D., **Bryan, A.O.**, Clemans, T.A., Ray-Sannerud, B.N., ..., & Etienne, N. (April 2015). *Examining the relationship of sleep disturbance with suicide ideation and suicide attempts in seven samples of U.S. military personnel*. In C.J. Bryan (Chair), *Cognitive-affective dimensions of suicide risk among military personnel and veterans*. Paper presented at the annual meeting of the American Association of Suicidology, Atlanta, GA.
13. Sinclair, S.\*, **Bryan, C.J.**, & Bryan, A.O. (April 2015). *Meaning in life as a mediator for the relation of depression with suicidal thoughts and behaviors in military personnel*. In C.J. Bryan (Chair), *Cognitive-affective dimensions of suicide risk among military personnel and veterans*. Paper presented at the annual meeting of the American Association of Suicidology, Atlanta, GA.
14. **Bryan, A.O.**, Bryan, C.J., & Clemans, T.A. (April 2015). *Sexual assault prior to military service and later risk for suicidal thoughts and behaviors in a sample of military personnel and veterans*. In C.J. Bryan (Chair), *Predispositional risk among military personnel and veterans: the impact of pre-enlistment risk factors on military and veterans suicide*. Paper presented at the annual meeting of the American Association of Suicidology, Atlanta, GA.
15. Bryan, C.J., **Bryan, A.O.**, May, A.M.\*, & Klonsky, E.D. (April 2015). *From thoughts to action: the role of nonsuicidal self-injury in the transition from suicide ideation to suicide attempt among military personnel and veterans*. In C.J. Bryan (Chair), *Predispositional risk among military personnel and veterans: the impact of pre-enlistment risk factors on military and veterans suicide*. Paper presented at the annual meeting of the American Association of Suicidology, Atlanta, GA.
16. Wheaton, G.\*, Bryan, C.J., Stephenson, J.A., **Bryan, A.O.**, & Morrow, C.E. (February 2015). *Effects of intimate partner relationship problems on postdeployment PTSD symptoms and depression in pararescuemen*. Poster presented at the annual Undergraduate Conference on Undergraduate Research, Dixie State University, St. George, UT.
17. Armstrong, E.\*, Bryan, C.J., Stephenson, J., **Bryan, A.O.**, Morrow, C.E. (February 2015). *Warzone stressor exposure, unit support, and emotional distress among U.S. Air Force pararescuemen*. Poster presented at the annual Undergraduate Conference on Undergraduate Research, Dixie State University, St. George, UT.
18. Reynolds, M.\*, **Bryan, A.O.**, & Bryan, C.J. (February 2015). *Guilt and shame among military personnel and veterans who have experienced military sexual trauma*. Poster presented at the annual Undergraduate Conference on Undergraduate Research, Dixie State University, St. George, UT.
19. Armstrong, E.\*, Bryan, C.J., Stephenson, J., **Bryan, A.O.**, Morrow, C.E. (January 2015). *Warzone stressor exposure, unit support, and emotional distress among U.S. Air Force pararescuemen*. Poster presented at the annual Research Posters on the Hill, Salt Lake City, UT.
20. Cheney, T.\*, Bryan, C.J., **Bryan, A.O.**, Morrow, C.E., & Stephenson, J.A. (January 2015). *Childhood familial closeness as a protective factor of PTSD in a military population*. Poster presented at the annual Research Posters on the Hill, Salt Lake City, UT.

21. Wheaton, G.\*, **Bryan, C.J.**, Stephenson, J.A., Bryan, A.O., & Morrow, C.E. (January 2015). *Effects of intimate partner relationship problems on postdeployment PTSD symptoms and depression in pararescuemen*. Poster presented at the annual Research Posters on the Hill, Salt Lake City, UT.
22. Reynolds, M.\*, **Bryan, A.O.**, & Bryan, C.J. (January 2015). *Guilt and shame among military personnel and veterans who have experienced military sexual trauma*. Poster presented at the annual Research Posters on the Hill, Salt Lake City, UT.
23. Bryan, C.J., **Bryan, A.O.**, Smith, H.\*, Armstrong, E.\*, Morrow, C.E., Stephenson, J.A., & Haskell, J. (December 2014). *Risk and protective factors for psychological health among U.S. Air Force pararescuemen: preliminary findings*. Poster presented at the annual Special Operations Medicine Association Scientific Assembly, Tampa, FL.
24. Bryan, C.J., Griffith, J., Pace, B.T.\*, Hinkson, K.\*, **Bryan, A.O.**, Clemans, T.A., & Imel, Z. (December 2014). *Combat exposure and risk for suicidal thoughts and behaviors among military personnel and veterans: a systematic review and meta-analysis*. Poster presented at the annual Special Operations Medicine Association Scientific Assembly, Tampa, FL.
25. **Bryan, A.O.**, Bryan, C.J., Anestis, M.D., Anestis, J.C., Green, B.A., Morrow, C.E., Etienne, N., & Ray-Sannerud, B.N. (November 2014). *Moral injury, suicidal ideation, and attempts in two military samples*. Poster presented at the annual meeting of the International Society for Traumatic Stress Studies, Miami, FL.
26. **Bryan A.O.**, Bryan, C.J., Ray-Sennerud, B. N., Etienne, N., Morrow, C.E. (November 2014) *Moral injury, suicidal ideation and attempt in two military samples*. Symposium presented at the annual conference of the Association for Behavioral and Cognitive Therapy, Philadelphia, PA.
27. Bryan, C.J., **Bryan A.O.**, Ray-Sennerud, B. N., Etienne, N., Morrow, C.E. (October 2014) *Psychometric Moral injury, suicidal ideation and attempt in a military outpatient clinical sample*. Poster presented at the annual conference of the ISTSS, Miami, FL.
28. Bryan, C.J., **Bryan A.O.**, Ray-Sennerud, B. N., Etienne, N., Morrow, C.E. (September 2014) *Outdoor Recreation Programs*. Symposium presented at the 1<sup>st</sup> annual conference of the OR, UT.
29. Bryan, C.J., **Bryan A.O.**, Ray-Sennerud, B. N., Etienne, N., Morrow, C.E. (August 2014) *Suicide attempts before joining the military increase risk for suicide attempts and severity of suicidal ideation among military personnel and veterans. Suicide attempts before joining the military increase risk for suicide attempts and severity of suicidal ideation among military personnel and veterans*. Symposium presented at the annual conference of the American Psychological Association, DC.
30. Bryan, C.J., **Bryan A.O.**, Clemans, T.A. (August 2014) *Sexual assault and suicidal behaviors among military personnel and veterans. Impact of military sexual trauma and cultural identification on student veterans' mental health and academic success*. Symposium presented at the annual conference of the American Psychological Association, DC.
31. Bryan, C.J., **Bryan A.O.**, Clemans, T.A. (April 2014) *Increased risk for suicidal thoughts and behaviors among male survivors of military sexual trauma. Impact of military sexual trauma and cultural identification on student veterans' mental health and academic success*. Symposium presented at the annual conference of the American Association of Suicidology, Los Angeles, CA.
32. Bryan, C.J., **Bryan, A.O.**, Kopacz, M., & Hernandez, A.M. (April 2014). "I can never be forgiven": moral injury, suicidal thoughts, and suicidal behaviors. Symposium presented at the annual conference of the American Association of Suicidology, Los Angeles, CA.
33. **Bryan, A.O.**, Bryan, C.J., Morrow, C.E., Etienne, N., & Ray-Sannerud, B.N. (April 2014). *Moral injury, suicidal ideation and attempt in a military outpatient clinical sample*. Poster presented at the annual meeting of the Rocky Mountain Psychological Association, Salt Lake City, UT.
34. Armstrong, E.L.\*, Bryan, C.J., Stephenson, J.A., **Bryan, A.O.**, & Morrow, C.E. (April 2014). *Warzone stressor exposure, unit cohesion, and emotional distress among U.S. Air Force, pararescue jumpers*. Poster presented at the annual meeting of the Rocky Mountain Psychological Association, Salt Lake City, UT.
35. Cheney, T.\*, Bryan, C.J., **Bryan, A.O.**, Morrow, C.E., & Stephenson, J.A. (April 2014). *Childhood familial closeness as a protective factor of PTSD in a military population*. Poster presented at the annual meeting of the Rocky Mountain Psychological Association, Salt Lake City, UT.
36. Theriault, J.L.\*, **Bryan, A.O.**, & Bryan, C.J. (April 2014). *Dispositional forgiveness of self, suicidal ideation, and suicide attempts in a sample of military personnel and veterans*. Poster presented at the annual meeting of the Rocky Mountain Psychological Association, Salt Lake City, UT.
37. Magbuhat, A.D.\*, **Bryan, A.O.**, Stephenson, J.A., Morrow, C.E., & Bryan, C.J. (April 2014). *An exploration of caffeine use among U.S. Air Force pararescuemen*. Poster presented at the annual meeting of the Rocky Mountain Psychological Association, Salt Lake City, UT.
38. Bryan, C.J., **Bryan A.O.**, Clemans, T.A. (February 2014) *Increased risk for suicidal thoughts and behaviors among male survivors of military sexual trauma*. In D.A. Ahern, C.J. Bryan, & A.O. Bryan (Chairs), *Impact of military sexual trauma and cultural identification on student veterans' mental health and academic success*. Paper presented at the 2014 Veterans Symposium, Louisville, KY.
39. Bryan, C.J., **Bryan, A.O.**, Hinkson, Jr., K.D.\*, Bichrest, M.\*, & Ahern, D.A. (February 2014). *The role of depression and posttraumatic*

stress on university academic performance among student service members and veterans. Poster presented at the annual meeting of the Utah Conference for Undergraduate Research, Provo, UT.

40. **Bryan, A.O.**, Bryan, C.J., Morrow, C.E., Etienne, N., & Ray-Sannerud, B.N. (November 2013). *Moral injury, suicidal ideation and attempt in a military outpatient clinical sample*. Poster presented at the annual conference of the Association for Behavioral and Cognitive Therapy, Nashville, TN.
41. **Bryan, A.O.**, Bryan, C.J., Morrow, C.E., Etienne, N., & Ray-Sannerud, B.N. (March 2013). *Does moral injury predict suicidal ideation in a military outpatient clinical sample?* Poster presented at the annual conference of the American Association for Suicidology, Austin, TX.
42. Smith, H.A.\*, **Bryan, A.O.**, Morrow, C.E., Stephenson, J., & Bryan, C.J., (April 2013). *Levels of burnout among military personnel*. Poster presented at the CSBS Student Research Day at the University of Utah, SLC, UT.
43. Armstrong, E.\*, Bryan, C.J., **Bryan, A.O.**, Morrow, C.E., Stephenson, J. (April 2013). *Risk and protective factors for PTSD and social-occupational impairment among Special Operations Forces (SOF) Personnel*. Poster presented at the University of Utah, Research Assistantship, Undergraduate Research Opportunities Program Project, SLC, UT.
44. Livnat, Y.\*, **Bryan, A.O.**, Morrow, C.E., Stephenson, J., & Bryan, C.J., (April 2013). *Is time spent on deployment a stronger predictor of insomnia than time spent in service*. Poster presented at the CSBS Student Research Day at the University of Utah, SLC, UT.

#### Manuscripts Under Editorial Review

(Names denoted by asterisks were students/supervisees at the time of submission)

1. Fussell-Herman, D., Reynolds, M., **Bryan, A.O.**, Brodt, M., Wolfe-Clark, A., White, K.L., Harris, J., & Bryan, C.J., Forgiveness reduces risk for suicide attempts among sexual assault survivors experiencing high levels of guilt.
2. **Bryan, A.O.**, Morrow, C., Bryan, C.J., Stephenson, J., Haskell, J., & Staal, M. Examining relationships between burnout, fitness and performance among pararescuemen.
3. Reynolds, M.\*, **Bryan, A.O.**, & Bryan, C.J., Guilt & Shame in victims of military sexual trauma
4. Wolfe-Clark, A.\*, Bryan, C.J., **Bryan, A.O.**, Reynolds, M.\*, Fussell-Herrmann, D.\*, White, K.\*, & Harris, J.\*, Child Sexual Abuse, Military Sexual Trauma, and Psychological Distress among Male Military Personnel and Veterans
5. Bryan, C.J., **Bryan, A.O.**, Ahern, D.A., & Clemans, T.A. Military and civilian identity: association with psychological symptoms and suicidality among active and veteran college students.

#### **RESEARCH SUPPORT**

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| 2016 – 2019 | <b>HPHP Mental Health</b><br>The Kendeda Fund<br>PI: Kelly Bricker<br><b>Role:</b> Research Associate   |
| 2015 – 2020 | <b>National Guard Health and Well-being (Peer Support)</b><br>DHS/DSAMH<br>(Direct = \$262,500.00)<br>PI: Craig Bryan Co-PI: AnnaBelle Bryan<br>Role: Co-Principle Investigator   |
| 2014 – 2018 | <b>Improving universal suicide prevention screening in primary care by reducing false positives</b><br>Applied Research & Advanced Technology Development Psychological Health Award (ARATDPHA) Department of Defense<br>(Direct = \$2,476,406.92)<br>PI: Craig Bryan<br>Role: Project Coordinator/Director of Education & Outreach |
| 2014 – 2015 | <b>Social Media Phase I, II, &amp; III</b><br>PI: Craig Bryan<br>Role: Project Coordinator/Research Manager   |
| 2012 – 2014 | <b>Brief Interventions for Short-Term Suicide Risk Reduction in Military Populations</b><br>Congressional Directed Medical Research Program (CDMRP) Military Suicide Research Consortium (MSRC) #W81XWH-10-2-0181<br>(Direct = \$910, 411)  |

PI: Craig Bryan  
Role: Research Manager

- 2011 - 2013     **Risk and Protective Factors for PTSD and Social-Occupational Impairment Among Special Operations Forces (SOF) Personnel**  
Air Force Medical Support Agency (AFMSA) #FA8650-12-2-6277     (Total = \$369, 242.54)  
P.I.: James Stephenson; Co-Principal Investigator, Statistician: Craig Bryan  
Role: Research Manager

## RESEARCH PROJECTS

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- 2015 – present     **Utah and Idaho National Guard Health and Well-being Survey** (Needs Assessment)  
PI: AnnaBelle Bryan Co-PI: Craig Bryan  
Role: Principal Investigator & Director of VE3TS Utah/Idaho
- 2013 – 2014     **Predictors of Academic Success Among College Student Veterans**  
PI: Craig Bryan; Co-Principle Investigator: AnnaBelle Bryan  
Role: Co-Principal Investigator & Research Manager

## TEACHING EXPERIENCE

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- 2013     **Posttraumatic Stress & Moral Injury Fall Seminar**  
*College of Law, University of Utah, Salt Lake City, Utah*
- 2010     **Supervisor and Basic Foodhandler Training**  
*42d Air Base Wing (2010 Air Show), Maxwell Air Force Base, AL*
- 2009 – 2011     **H1N1 Influenza Pandemic spread and prevention**  
*Balad, Iraq & 42 Air Base Wing, Maxwell Air Force Base, AL*

## STUDENT MENTORSHIP, DISSERTATIONS, & ACHIEVEMENTS

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### Graduate Theses

- 2016     **Bryan, A.O.**, Newton, M., Morrow, C., Bryan, C.J., Stephenson, J., Haskell, J., & Staal, M. Examining relationships between burnout, fitness and performance among pararescuemen.

### Undergraduate Honors Theses

(Names denoted by asterisks were students/supervisees at the time of completion)

- 2016     Mira Reynolds\*, University of Utah (BS, Psychology) Title: *Guilt & Shame in victims of military sexual trauma. Predictors of Academic Success Among College Student Veterans*
- 2015     Gry Wheaton\*, University of Utah (BS, Psychology) Title: *Effects on Relationships, post deployment and PTSD in Special Operations Forces Personnel*
- 2013     Hilary Smith\*, University of Utah (BS, Psychology) Title: *Burnout among Air Force Special Operations Forces*

### Student Achievements

- 2015     Ann Gry Wheaton, University of Utah, Research Assistantship, Undergraduate Research Opportunities Program Project Title: *Effects on Relationships, post deployment and PTSD. Special Operations Forces (SOF) Personnel*
- 2015     Mira Reynolds, University of Utah, Research Assistantship, Undergraduate Research Opportunities Program Project Title: *Guilt & Shame in victims of military sexual trauma. Predictors of Academic Success Among College Student Veterans*
- 2014     Kirsi L. White, University of Utah, Student Choice Award, CSBS Student Research Day Poster Titled: *Suicidal and nonsuicidal thoughts and behaviors among adolescent survivors of commercial sexual exploitation living in Cambodia*
- 2014     Ann Gry Wheaton, University of Utah, Research Assistantship, Undergraduate Research Opportunities Program Project Title: *Effects on Relationships, post deployment. Special Operations Forces (SOF) Personnel*
- 2014     Tyler Cheney, University of Utah, Research Assistantship, Undergraduate Research Opportunities Program Project Title: *Childhood PTSD Special Operations Forces (SOF) Personnel*
- 2014     Tyler Cheney, University of Utah, Research Assistantship, Undergraduate Research Opportunities Program Project Title: *Childhood PTSD Special Operations Forces (SOF) Personnel*

- 2012 Erica Armstrong, University of Utah, Research Assistantship, Undergraduate Research Opportunities Program Project Title: *Risk and protective factors for PTSD and social-occupational impairment among Special Operations Forces (SOF) Personnel*
- 2013 Yotam Livnat, University of Utah, 3<sup>rd</sup> place (tied), CSBS Student Research Day Poster Title: *Is time spent on deployment a stronger predictor of insomnia than time spent in service?*

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## PROFESSIONAL & COMMUNITY SERVICE

### Government Service

- 2006 - 2012 **United States Air Force, 42d Medical Group**, Education and training, planning and directing executive support activities for five commanding officers and 360+ member military treatment facility. Completing special projects assigned for distinguished visitors.

### Public Service

- 2015 **Ride to Zero, (Salt Lake City, UT)**, committee member, hosted by the Combat Veterans Motorcycle Association (CVMA Utah Chapter 49-1) annual motorcycle ride to raise funds to prevent military and veteran suicide and foster suicide prevention, intervention, and postvention to our Utah military, veteran population and their families.
- 2013 **46<sup>th</sup> Annual Conference American Association of Suicidology (Austin, TX)**, Chair, for the annual silent auction, collected items from across the country to help raise funds to go to advance Suicidology as a science: compile, and develop accurate information about suicidal behaviors; and foster suicide prevention, intervention, and postvention to the public.
- 2007 **Family Sunshine Center (Montgomery, AL)**, Volunteer in battered women's shelter, providing maintenance on facilities. Making the shelter a pleasant place for residents to feel safe.

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## AWARDS/HONORS

- 2013 **Research Fellow**  
National Center for Veterans Studies, The University of Utah
- 2012 **Air Force Commendation Medal, 4<sup>th</sup> OLC**  
42d Medical Group, Maxwell Air Force Base, Alabama
- 2009 **Air Force Commendation Medal**  
332d Expeditionary Medical Group, Balad, Iraq
- 2008 **Dean's List**  
South University, Savannah Georgia
- 2007 **Dean's List**  
South University, Savannah Georgia
- 2000 **Air Force Achievement Medal**  
Langley Air Force Base, Virginia

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## PROFESSIONAL MEMBERSHIPS

Association for Applied Sport Psychology  
 American Association for Suicidology  
 Association for Behavioral and Cognitive Therapies  
 \* Suicide Interventions Strategic Planning Group  
 \* Military Suicide Interventions Strategic Group  
 American Psychological Association  
 \* *Div 19* Military  
 \* *Div 47* Sports & Exercise Psychology  
 National Honor Society in Psychology for Community and Junior Colleges

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## PROFESSIONAL INTERESTS

Suicidal behaviors & suicide prevention  
 Military sexual trauma  
 Moral injury/ Posttraumatic stress disorder  
 Traumatic brain injury



Exercise Psychology (*military performance*)  
Evidence-based treatments  
Preventive Medicine/Global Public Health